

TERM 2, 2025

NEWSLETTER





Nihat Arslan
Principal, LA Nairobi

Dear parent/guardian,

We thank the Almighty God for what we have been able to achieve since the term began and the many blessings we have received as a school.

We also thank you for supporting all school programs during this academic year. These include; academic programs, games and sports, music, debate, trips, clubs and many other activities.

The school has closed **today Friday 1st August, 2025, and will be re-opening on 24th August, 2025 for boarders, and 25th August, 2025 for day scholars**, hence lessons begin the same day.



This term, Form 4s have been involved in many academic programs to enable them to cover the syllabus and also revise for Mocks.

This includes;

Motisha programs that have enabled students to receive motivation and have one on one learning sessions with subject teachers in areas that they need support.

Class Motisha teachers who help students to set targets, work as a team and ensure extra work allocated by teachers is done.

The motisha program has ensured students falling in all categories are catered for apart from the normal learning sessions.

They did their **EVALUATION TEST** which ended on **29th July 2025**. The results have been shared on CoolSis and students given report forms. Please review their performance and guide them appropriately.

From next term, they are going to engage in intensive revision which will include: past papers revision, follow-up classes, motivation sessions, interactions with experienced examiners and finally sit for Post Mock exams before sitting for KCSE Exams. We therefore request that you keep our candidates in your daily prayers. Forms 2 and 3 have completed their end of term exams and marking and processing of exams is ongoing before results are released. Therefore, you can access the results on CoolSis family login app.

Remedial and Evening classes

Next term all form 4 and form 3 students will have evening classes until they do KCSE exams.

Therefore, if your son(s) is a day scholar, please make proper transport arrangements so that they do not miss out on the evening program running from 4:30pm to 5:30pm.

Form 2 will have remedial classes for those students who have not performed well in the end term exams. The program will run from 4.30pm to 5.30pm. The timetable will be shared next term once the end term results have been analyzed. Students who have performed averagely are also encouraged to join the remedial class.

At the end of the year, students will have check-point exam where every student should strive to score a C+ and above.

ACADEMICS

Academic Consultations:

This term we had successful academic in-person consultations for all the classes. It is important for all parents and guardians to attend the open days so as know the academic, character and discipline progress of your son(s). In case you are not able to attend on the designated date, contact class teacher/Form coordinator and organize to meet with teachers.

Next term, Form Four class career talk will be focused on university choices/KUCCPS placement criteria for different courses, University education funding and other emerging issues.

Academic Requirements

All students are required to have the following resources to make learning effective.

- Geometrical set
- Scientific calculator. (CASIO FX82MS)
- KNEC Mathematical table 7th Edition
- Enough biro pens (blue/black)
- Pens/Pencils
- 30 centimeter ruler.

Permission from School:

- Parents are required to give two days notification to the school administration for any reason a student has to be away from school.
- However medical check-ups or appointments must be accompanied by a written document from a reputable doctor/hospital.
- If your son is a weekly boarder, please try to utilize the weekends for any medical check-ups where possible to minimize movement of students in and out of school which causes some of them to miss important content being covered by teachers.
- We also recommend that since 3rd term is very short, we try to limit the students' movement out of school so that they focus on their studies and end of year exams.

Discipline:

- We appreciate the support you have given the school by guiding our sons on discipline matters. Please advise your son(s) to always report promptly on any issue affecting their learning progress in school.
- It has been noted that some students have been leaving their personal items such as text books, exercise books, jumpers, polo shirts and personal items unattended at the end of the term. We ask you to remind them to keep their personal items before leaving the school compound.
- Discipline points lost in the last two weeks of the term will be carried over to the following term, this is to minimize some of the discipline cases encountered in the last weeks of the term.
- Electronic gadgets are not allowed in school, this includes mobile phones and electronic watches. Flash discs can only be allowed with consent from computer teacher.
- Students are not allowed to keep more than 500ksh, in the dorms, any extra pocket money should be kept with dorm masters. The school will not be held liable for any financial losses.



SIZE 1

RECOMMENDED

Hair Style & Size



SIZE 2

Grooming:

- Ensure your son has proper uniform that is well labeled before they report back to school to avoid misplacement and loss of uniforms
- Students will not be allowed in school without recommended school uniform including shoes, (black leather shoes). Please purpose to purchase the uniform from the school store where there is need for replacement.
- In line with discipline, please ensure your child comes back with the accepted hair style and length. The correct sizes (1/2) have already been communicated. Kindly ensure this is done before reporting back on **24th August, 2025**

CO-CURRICULARS

BASKETBALL

MINISTRY GAMES

Our students took part in the Ministry of Education games, representing Light Academy with excellent sportsmanship across Basketball, Volleyball, and Football. Here's a summary of their performance:



Match	Score	Result
Light Academy vs St. Aloysius	21-7	✓
Light Academy vs Sunshine	15-12	✓
Light Academy vs Lang'ata High School	7-21	✗
Light Academy vs MEC	21-11	✓
Semi-final: Light Academy vs Sunshine	18-12	✓

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FOOTBALL

Match	Score	Result
Group Match: Light Academy vs Kongoni High School	2:0	✓
Light Academy vs Sunshine	2:1	✓
Quarterfinal: Light Academy vs Lang'ata High School	0:1	✗

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VOLLEYBALL

Match	Score	Result
Light Academy vs Sunshine	2:0	✓
Light Academy vs Lang'ata Barracks	2:0	✓
Final: Light Academy vs Lang'ata High School	0:2	✗



Although the boys faced a few setbacks, our boys gave it their all, competing with heart, skill, and unity. Qualifying for the County level in basketball and reaching the finals in volleyball are achievements worth celebrating. We will continue building on these milestones with humility and drive.



CHESS CLUB

This term, we successfully took a team of 17 students to the regional qualifiers held at Moi Girls School, Nairobi. Our team comprised 5 players in the under-18 category and 12 in the under-16 category.

Israel Ray Sidede delivered a strong performance in the under-18 category, scoring 5 out of 6 points. Most of our players across both age groups scored between 3 and 4 out of 6 points, reflecting consistent performance throughout the team.

We are proud to report that 16 students qualified for the national championships, which will take place at Kitale National Polytechnic from August 1st to 5th.



MASHUJAA DEBATE TOURNAMENT 2025

The Debate Club once again demonstrated excellence and resilience at the Mashujaa Debate Tournament, hosted at Strathmore University. Competing against top schools from across the country, our school emerged with an impressive trophy haul in both the junior and senior categories, affirming our position as one of the country's top debating institutions.



DEBATE CLUB

JUNIOR CATEGORY TROPHIES



Main Cup 1st Runner-Up

Ryan Baraka Nzoka, Michael Achoki, Telvin Muuo, Alex Mwangi, Victor Dobbins



Main Cup Semi-Finalists

Jameil Nyagaka, Kent Kipkoeh, Elvis Aketch, Christopher Ingana



Shield Cup Winners

Tufeil Perera, Mark Magare, Dylan Orina, Jason Aladwa



Spirit of the Competition

Awarded to Light Academy for exceptional conduct, teamwork, and sportsmanship



Best Overall Debater

Telvin Muuo – Light Academy



SENIOR CATEGORY TROPHIES



Silver Cup Winners

Kariton Gateru, Jayden Saiyanka, Collins Muli



Bronze Cup Winners

Imran Laving, Jeff Baraka, Ruan Gichaga, Luqman Hassan

INDIVIDUAL SPEAKER RANKINGS

Junior Category – Top Speakers

- 🥇 Overall Best Speaker: **Telvin Muuo F2E**
- 🥈 4th Best Overall: **Michael Achoki F2B**

Senior Category – Top Speakers

- 🥇 7th Best Overall: **Imran Laving F3C**



A testament to our unwavering commitment to excellence in debate!



CLUBS AND PROJECTS

LIGHT ACADEMY DEBATE CLUB SHINES AT NAIROBI OPEN 2025!

Our Debate Club showcased excellence at Strathmore University, securing impressive trophies in both junior and senior categories and affirming our position as a top debating institution.

 **Special Highlight: Malcolm Atsango crowned BEST YOUNG DEBATER OF THE TOURNAMENT!**

TOURNAMENT WINNERS & FINALISTS



MAIN CUP CHAMPIONS

Kent Kipkoech, Jameil Nyagaka, Elvis Aketch, Christopher Ingana



GOLD CUP WINNERS

Malcolm Atsango, Douglas Munga, Shawn Kiboi, Jason Kipkalya, Tymon Mwaura



SILVER CUP FINALISTS

Manuel Muhunani, Baraka Siema, Mark Magare, Dylan Orina, Brian Cocun



SHIELD CUP WINNERS

George Wakah, John Ogetonto, Troy Emadau, Vinny Kangara, Josphat Karoki



SHIELD CUP SEMI-FINALISTS

Jason Aladwa, Layne Sitati, Bruno Gipai, Victor Dobbins, Isaac Kauka



INDIVIDUAL ACCOLADES

Best Young Debater

Malcolm Atsango

Top 50 Juniors

Mark Magare, Christopher Ingana, Ryan Baraka, Kent Kipkoech, Elvis Aketch, Douglas Munga, Jameil Nyagaka, Dylan Orina, Vinny Kangara, Shawn Kiboi, John Ogetonto

Seniors

Karlton Gateru (13th), Jayden Saiyanka (14th), Jeremy Situma (45th), Bradley Jandy (54th)

A historic achievement for Light Academy Debate Club!

Charity
Good'sClothing &
Assistance

COMMUNITY SERVICE CLUB

Food &
Services

Community Service Projects:

Our vibrant Community Service Club led impactful initiatives, including:

- a) Borehole construction
- b) Orphanage visits and elderly home outreach
- c) Campus cleanups and meal service in the dining hall
- d) Tree planting and environmental conservation
- e) Book drives (Textbook Distribution)
- f) Ocean cleanup initiatives
- g) Inter-schools joint Community service to the physically challenged people

The relevance of these programmes cannot be overstated: they build emotional resilience, promote discipline, encourage spiritual growth, enhance academic excellence and strengthen the learner–teacher–parent triangle - all of which are crucial for nurturing a generation of confident, compassionate, principled and purpose-driven individuals.

The Mentoring Department applauds our dedicated class mentors, class supervisors, counseling team, supportive parents and enthusiastic learners for making this journey impactful. We look forward to more transformative mentoring experiences in the coming term.



We are Waiting for you
on the Big help Day



CLUBS AND PROJECTS

ROBOTICS CLUB

The Light Academy Robotics Club has had an exciting and productive Term 2. Students consistently participated in robotics training sessions and events that enhanced their knowledge, creativity, and teamwork in the field of robotics and STEM.

Event: World Robot Olympiad (WRO)

Our Robotics Club proudly represented the school at the WRO Robotics Event, a national gathering of young innovators. Five of our talented students showcased their skills in robot design, coding, and teamwork, competing alongside schools from across the country. The event fostered innovation, problem-solving, and collaboration, leaving our students inspired and motivated. Each participant received a Certificate in recognition of their dedication.



CODING CLUB

This term has been a highly successful and engaging one for the Light Academy Coding Club. Moringa High School Hackathon – Future Tech Innovators Challenge 2025. All participating students also received Certificates of Participation for their involvement and contribution.

Term 2 of 2025 has been remarkable for the Coding Club. I am incredibly proud of the students' hard work, creativity, and discipline. Their success has brought recognition to Light Academy and continues to inspire others. As the club patron, I remain committed to supporting their growth as we prepare for an even more impactful Term 3.

Projects Presented	Awards & Recognition
1. Abdinur Kassim (2B): Chatbot – Virtual Assistant System	1. Tufeil Perera (2C) – Best Student Overall – HP Laptop
2. Jed Oloo (2D): Storage System – Similar to Google Drive	2. AgriLink team – Gift items (Water bottle, Power banks, Earbuds)
3. Douglas Munga (2D) & Tufeil Perera (2D): AgriLink – Smart Agriculture Solution – Best Project	3. Light Academy – Best School Trophy
	4. All 12 students – Certificates



CLUBS AND PROJECTS

iflc CLUB

We are thrilled to share that a group of our talented students recently represented our school and country at the International Festival of Language and Culture (IFLC) in Germany. Through a captivating traditional dance performance, they proudly showcased the richness of our cultural heritage on an international stage. The festival brought together young performers from around the world, creating a vibrant platform for cultural exchange and unity. Our students received resounding applause for their spirited performance, making this an unforgettable experience for everyone involved. We are extremely proud of their achievement and deeply grateful to all who supported this remarkable journey.



PUBLIC Relations

Parent/Guardian Greetings

The Public Relations Office focuses on strengthening the relationships between the school, parents and other stakeholders, considering the school community a "Light Academy family." Open to feedback through office visits, breakfast meetings and planning, participating in other events, the office aims to implement the school motto of producing to the society morally upright, socially fit and academically competent individuals even as the students enjoy their journey through their most critical stage of life. Three key programs were held this past term to engage with parents/guardians:

- Parents' Fun day.
- Home visits.
- Office visits.

We had a successful parents' fun day at Ulinzi Complex attracting more than a thousand participants. The parents had the opportunity to interact with our team and enjoyed the day well. Our class mentors organized and visited our parents homes together with some students in the class. This is an initiative aimed at increasing the bond between the parents and the school as we get feedback directly. Our boys also get the opportunity to get a word of wisdom from our parents.

The office expresses gratitude to all those who welcomed our team, engaged them and gave feedback to help improve service delivery as we work together in forming the next generation.

Once again we wish to take this opportunity to thank our official sponsors for the Light Academy family Fun Day; Spoton Vacations, Future homes, DTB bank, BITI Insurance, Prime Touch, Riara University and Absa bank.

The Office of Public Relations wishes you all a fruitful holiday!





Happy Holidays!

The school counseling program is committed to nurturing morally upright, academically competitive, and socially responsible individuals.

A Term of Growth & Resilience



Teachers' Mental Health

Focused on emotional wellness, self-awareness, and building resilience in the classroom.



Parenting for Identity

Equipped parents with tools to support teens in building self-worth and making values-based choices.



Packaging for the Future

Helped Form 4s build identity, manage exam anxiety, and stay focused on their goals.

Classroom Life Skills Focus



Goal Setting & Mindset

Connecting goals to intrinsic motivation and finding personal meaning from within.



Effective Study Strategies

Equipping students with smart, personalized study habits for exam success.

From the Counselor's Desk

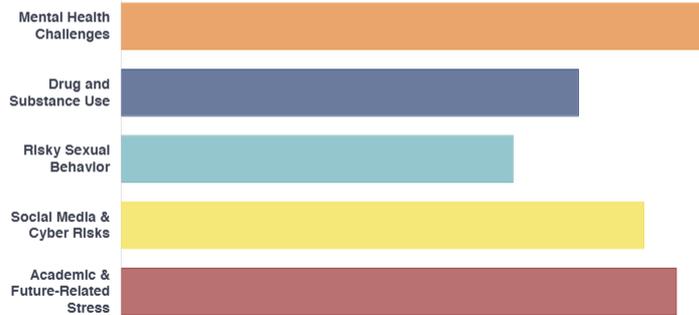
As Form 4 students prepare for their final exams, parents can support them by encouraging structured revision, healthy routines, and a calm mindset. Boost their confidence through affirming conversations and help them believe in their potential. Keep communication open, talk with your teen about their hopes, fears, and goals.

Many adolescents, especially in middle and late adolescence, find themselves at a crossroads as they seek acceptance within peer groups. They often feel torn between upholding family values and conforming to peer expectations. This tension increases their vulnerability to a number of risks.



Navigating Adolescent Challenges

Adolescence is a time of navigating peer pressure and family values. Understanding the common risks is the first step to providing support.



This chart illustrates the key risk areas for discussion, not statistical prevalence.

How Parents Can Help

✓ Mental Health Challenges

Be emotionally available. Watch for mood changes and normalize seeking help when needed.

✓ Drug and Substance Use

Have honest, judgment-free conversations about risks. Set clear expectations.

✓ Risky Sexual Behavior

Talk openly about respect, boundaries, and making informed, responsible choices.

✓ Social Media & Cyber Risks

Set screen time limits and discuss healthy digital habits regularly.

✓ Academic & Future Stress

Support realistic goals, celebrate effort, and maintain balance. Avoid criticism.

✓ Emotional Withdrawal

Prioritize bonding. Spend quality time, listen without judgment, and create a safe space.

Stay Connected

By staying involved and keeping dialogue open, you can help your teen navigate adolescence with confidence.

For further support, feel free to contact the school counselor at:

0721280822

We wish you and your family a restful and enriching holiday season!

DEPARTMENT OF MENTORSHIP, GUIDANCE AND COUNSELING

This term, Light Academy's Mentoring Department has continued its mission of nurturing well-rounded learners through a rich tapestry of activities. At Light Academy, mentoring is more than a routine — it is a culture deeply embedded in our school life. All the structured mentoring activities conducted this term aimed at developing our learners spiritually, academically, morally, emotionally and socially.

- i. The School of Character Program (L.I.G.H.T.)** continued to guide learners in embodying our core values, including leadership, integrity, good judgment, honour and trustworthiness.
- ii. Makluba and BBQ sessions:** Over 150 sessions were conducted, where learners, class mentors and class supervisors bonded over shared meals and heart-to-heart discussions on character development, using resources such as Pearl of Wisdom, Good Character and Fountain of Life.
- iii. Tea Talks:** Held weekly in small groups of 5–7 students across all classes, these sessions were led by dorm supervisors and created a safe space for dialogue on personal growth and moral reflection, particularly on academic and social development.
- iv. One-on-one mentoring sessions:** Over 700 personalized conversations between learners and class mentors took place. These allowed learners to open up, seek guidance, build trust with their mentors and improve academically. Class mentors were able to closely monitor each learner's progress and well-being.
- v. Life Skills Lessons:** All weekly sessions were effectively conducted. Class mentors, together with the Counseling Office, championed these activities. Parents and alumni were also invited to share real-life insights on topics such as discipline, time management, communication and goal setting – offering learners valuable exposure to life beyond the classroom.
- vi. Counseling Department Initiatives:** Three major initiatives were organized. Through structured talks and workshops, learners explored essential mental health topics including stress management, anxiety control, exam pressure and self-awareness – all geared towards building emotional resilience.
- vii. Family Engagements:** These were facilitated through home visits and Parents' Breakfasts. These events helped strengthen the school-home relationship and provided a deeper understanding of each learner's background and needs, enabling better support within the school environment.
- viii. Enriching Experiences:** Learners enjoyed holiday reading camps, birthday celebrations, and outdoor adventures such as ice skating, go-karting and boat riding – activities that blended joy with learning and created unforgettable bonding moments between learners and mentors.

DEPARTMENT OF MENTORSHIP, GUIDANCE AND COUNSELING



ACADEMIC CALENDAR YEAR 2025

Term III

EVENT	DATE
Reporting for boarders	Sunday, August 24
Classes resume	Monday, August 25
Midterm Exams	September, Thur 23 & Fri 26
End-term Exams	October Mon 13 - Thur 23
Closing day	October Friday 24

Exciting Global Adventures Ahead!

We are proud to announce an incredible lineup of international trips where our students will shine on the global stage! ✨✈️



IRE Umrah Trip – Saudi Arabia

August 2–15, 2025

Our students will embark on a spiritual journey to Makkah and Madinah for the blessed pilgrimage of Umrah, nurturing their faith and connection. A time for reflection and gratitude.



World Scholars Cup – Malaysia

August 20–29, 2025

Get ready as our intellectual scholars represent us in Kuala Lumpur, competing with bright minds from across the globe in debate, writing, and collaborative challenges.



IFLC – United States

November 1–19, 2025

Our talented singers and dancers are headed to Chicago, showcasing their incredible performances at the International Festival of Language and Culture — a true celebration of global unity and diversity.



Model United Nations – Canada

November 10–20, 2025

Our future diplomats will travel to Montreal to discuss pressing global issues and experience diplomacy in an engaging and meaningful discussions and negotiation.

✨ We are proud of our students as they represent our school and nation worldwide! 🌍

CONCLUSION

Finally, I want to thank the entire Light Academy family, for the support, encouragement and effort to make sure we produce to the society students who are morally upright, academically competitive, and socially fitting.

May the Almighty God bless you during this holiday.

STAY SAFE

HAPPY HOLIDAY

Yours Sincerely,

Nihat Arslan

PRINCIPAL