

NEWSLETTER

Be Safe, Be Respectful, Be Responsible, Be a Learner



[www. lightacademy.ac.ke](http://www.lightacademy.ac.ke)

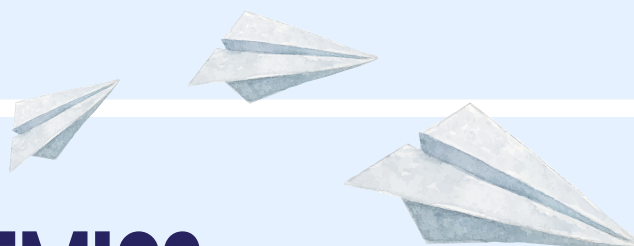


Emrah Sanin
Principal, LA Nairobi

Dear parent/guardian,

We thank the Almighty God for sustaining us from the beginning of this year until this time. We also thank you for supporting all school programs for the academic year of 2021/2022.

The school has closed today 4th March 2022 and will be re-opening on 25th April 2022 for boarders, and 26th April 2022 for day scholars, hence lessons begin the same day.



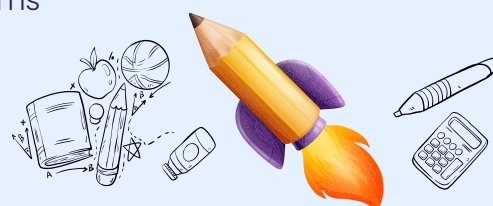
ACADEMICS

Form one, two, and three students have just finished their end of term three exams and teachers are marking before results are released. You can access the results on the CoolSis family login app on 12th March 2022.

Form ones have been given forms for subject selection, therefore you are requested to guide your son on the same based on their career choices. This is a follow-up on the career seminar that was held during Form one open day.

Form Three have done full papers to the KCSE standard to prepare them for next year. They are also being registered for the KCSE exam with the Kenya National Examinations Council. They have been given KCSE exam booklets for holiday revision. Please support them so that they use their time appropriately.

Form four candidates will start their KCSE exams on 10th March 2022. We, therefore, request for your prayers during this season. We are very hopeful that our candidates will achieve the targets they have set as individuals and also as a class since they have engaged in intensive revision which includes: past papers revision, follow-up classes, motivation sessions, interactions with experienced examiners, and done post mock exams



Remedial and Evening classes

Next term all form 4 and form 3 students will have evening classes until they do KCSE exams. Therefore, if your son(s) is a day scholar, please make proper transport arrangements so that they do not miss out on the evening program running from 4:30pm to 5:30pm. Please note that the evening class is compulsory for both Form 3 and Form 4.

Form 2 will have remedial classes for those students who have not performed well in the end term exams. The program will run from 4.30pm to 5.30pm. The timetable will be shared next term once the end term results have been analyzed. Students who have performed averagely are also encouraged to join the remedial class

Academic Consultations

This term we had successful in-person academic consultations for all the classes.

However, it was noted that some parents did not attend the session or make any follow-up on the performance of their son(s), this is a kind reminder to attend the open days for next term so as to monitor the progress of your son(s).



PERMISSION FROM SCHOOL

Parents are required to give two days' notification to the school administration for any reason a student has to be away from school. However medical check-ups or appointments must be accompanied by a written document from a reputable doctor/hospital.

Please note that weekly boarding has been removed temporarily due to the covid-19 pandemic, therefore you are requested to minimize movement in and out of school in accordance to the Ministry of Education protocols. We wish to thank all parents who have supported the school in ensuring the covid-19 protocols are maintained.

DISCIPLINE

- *We appreciate the support you have given the school by guiding our sons on discipline matters.*
- *Discipline points lost in the last two weeks of the term will be carried over to the following term, this is to minimize some of the discipline cases encountered in the last weeks of the term.*
- *All parents are informed that no student is allowed to drive while the school compound due to safety concerns for everyone in the school compound.*
- *Electronic gadgets are not allowed in school, this includes mobile phones and electronic watches. Flash discs can only be allowed with consent from computer teacher.*
- *Students are not allowed to keep more than 500ksh, in the dorms, any extra pocket money should be kept with dorm masters.*

Grooming

- Ensure your son has proper uniform that is well labeled before they report back to school to avoid misplacement and loss of uniforms
- Students will not be allowed in school without recommended school uniform including shoes, (black leather shoes). Please purpose to purchase the uniform from the school store where there is need for replacement.
- In line with discipline, please ensure your child comes back with the accepted hair style and length. The correct sizes (1/2) have already been communicated. Kindly ensure this is done before reporting back.

RECOMMENDED HAIR STYLE AND SIZE



COUNSELLING DEPARTMENT

Happy holidays!

The school counselling program is geared toward meeting the social, emotional, and academic needs of all students. Our mission is to bring out individuals who are morally upright, academically competitive, and socially fitting.

Highlights for the term

- The counselling department facilitated training for FM 1 students and parents on career and subject selection in readiness for the start of the new academic school year. FM 1 students are required to pick the subject selection Form from the coordinator's office and return it filled when schools resume back in April.
- We hosted guests from KUPPS who gave a presentation to our FM 4 Students on Career and University placement in preparation for their next step after high school.
- During the holiday aid, your son in the subject and career decision-making process. Remember parental advice is invaluable, but students must make their own particular career choices.

**A few simple rules:
Be involved, but not in control
Advise, but do not decide
Support, but do not dominate**

Please feel free to reach out to our career coach and counsellor for any assistance.

FROM THE COUNSELLOR'S DESK

Effective Communication with Your Teenager

The teenage years are often a rough period for both parents and teens. Parents often get the feeling that no matter what they say, their teenager is not listening or doesn't care what mom or dad has to say. From the teen's perspective, mom and dad are being too overbearing or trying to pry into their personal business and they (parents) just "don't get it."

So, how can a parent work on improving open communication with their teenager?

Effective communication with teens starts with effective listening...

- *Be sure to listen to what they have to say in a nonjudgmental way. No matter how much you disagree, start by letting the teen openly express what he has to say before thoughtfully responding.*
- *Pick a specific time of the day, each day to talk to your teenager. Mealtimes are often the easiest.*
- *Be careful with taking a negative tone and focusing only on the negative with your teen. This will only make them shut down and damage communication. Try to focus on whatever positives your teen is doing and not just the negatives.*
- *Listen and let your teen know that you are hearing what they are saying. Don't simply brush over what seems like an insignificant problem to you.*
- *As teens grow older, parents need to adapt and adjust rules that respect the teenager's desire to be independent while also ensuring that they are behaving responsibly.*
- *Parents who keep an open mind and model good compromising and negotiating skills are not only teaching their teen a valuable life lesson but also building respect and maintaining open lines of communication.*

For any support, please feel free to sign up for counseling sessions as needed concerning any academic, behavioral, social, or family issues. You can reach the counsellor via **0721280822**



EXTRACURRICULAR ACTIVITIES

The International Stem Olympiad

Around 98 students from form 1 to form 4 have successfully participate in the 2 rounds of the International STEM Olympiad.

The International STEM Olympiad is an international online competition platform in which students from grade 1 to 12 compete, and the questions are prepared in line with the philosophy of STEM education.

The foundation of the contest and questions is built on STEM (Science-Technology-Engineering-Math). The main goal of the organization is to change the students' perspective on life with types of questions which show that the subjects and formulas that students have learned in science lessons can appear in real life.

The final exams of the International STEM Olympiad were successfully completed on 27th February after a 21-hour marathon. Congratulations to all the students who participated in the competition. The students can now download their digital certificates of achievement and participation of the first local round from the istem panel.

The results will be announced no later than 9 March 2022.

The participant students have been given the opportunity to participate in the i-stem's Grand Final in Frankfurt Germany between 19 - 24th of July 2022. During this program, they will have an opportunity to train in World's famous institutions like Mathematikum science Centers and Experimenta science center. They will also have a chance to tour around 3 European countries

TeenEagle Online English competition.

It's our Immense Pleasure to Show Our Great Gratitude to All the 48 Teeneagle participants from Our School For a Very Successful Preliminary Online Competition Round.

Teeneagle is an International online English language competition for students from 5th to 12th grade. Teaneagle challenges students in the different aspects of the English language.

Students selected through the relevant steps participate in an English competition. If selected students will move on to participate in the National Round and then a UK Trip and competition in London later this year.

10 students won Gold Medals with **Emmanuel Owiti** being the top performer from Kenya. We want to congratulate Emmanuel and the rest of the participants for their very great results.



the World
Scholar's Cup®

Light Academy Boys at the World Scholars' Cup 2022



The World Scholars' Cup Nairobi Regional round was held from 17 th – 18 th February (Juniors' round) and 19 th – 20 th February (Seniors round). The event was hosted by Light Academy and Light International School.

This year's Nairobi regional round was one of the largest regional rounds in the history of the World Scholars' Cup as it was attended by more than 1500 scholars from many esteemed schools such as Crawford International School, Alliance High School, Peponi schools, Nova Pioneer and many others.

Students participating in the World Scholars' Cup compete in four different challenges which were Team Debates, Scholars' Challenge, Collaborative Writing, Scholars' Bowl.



The last day of both the Juniors' and Seniors' round was held at the Catholic University of Eastern Africa. On each of these days, there was the "Scholars' show" where the scholars got to showcase their talents. Then there was the award ceremony which was an incredible mark of the end of the 2022 Nairobi Regional round. Gold medals, silver medals and trophies were awarded to the scholars who performed well in the four challenges. Teams that qualified for the Global round were also announced.



The global round for 2022 will be held in Dubai and Sofia, Bulgaria on June 23 - 28, 2022.

For more information concerning these competitions and Trips contact Mr Senya Via 0727 516 707

TERM 1 UPCOMING EVENTS AND COMPETITIONS:

Mater Heart run and Heart to Heart run.

Mater heart runs to be held on **11th June, 2022** which is organized by Mater Hospital to support children with heart conditions. Heart to Heart run to be held on **18th June, 2022** being organized by The Karen Hospital.



ADMISSION TEST
12TH, 19TH, 26TH MARCH & 2ND APRIL 2022
FROM 9.00AM AT OUR KAREN CAMPUS
99% University Placement
For more info, call +254 724 100 000

CONCLUSION

Finally, I want to thank the entire Light Academy family, for the support, encouragement and effort to make sure we produce to the society students who are morally upright, academically competitive, and socially fitting.

May the Almighty God bless you during this holiday.

STAY SAFE

HAPPY EASTER HOLIDAYS

Yours Sincerely,

Emrah Sanin
PRINCIPAL