



Games & Sports Department

Sports play an important part in the life of Light Academy students. We pride ourselves in our enviable reputation with every student having the opportunity to participate in various leagues within the school as well as at the national level. Students participate in PE lessons that are scheduled in the school timetable as well as enjoy many co-curriculum activities within the school.

Light Academy students participate actively in games. Over the years the following are some benefits games and sports have had on our students;

- > Team sports help teach teenagers accountability, dedication, leadership, and other skills.
- > Many athletes do better academically and are active in class sessions.
- > Sports teach teamwork and problem-solving skills.
- > Physical health benefits of sports.
- > Sports boost self-esteem.
- > Reduce pressure and stress with sports.

In 2014, the rugby team represented the school in Nairobi county secondary school sports championship.

In 2015 and 2016, the soccer team participated in the Chipkizi Youth Tournament held annually in Arusha Tanzania with great success. We hope to participate in this year's edition and the years to come.

The basketball team in 2019, reached the finals of the Langata Sub County Tournament.

Students receive expert coaching and guidance from our staff and are able to make the most of our beautiful, well maintained and standard facilities.

The school administration has invested heavily in the sports department. Whether developing our elite performers or opening up sports for everyone, the department ensures all the students' abilities and interests are catered for and that every student is challenged and encouraged to meet and exceed their potential.



Football

Our students actively participate in football. There are 3 different championships for football namely;

1. LA league

Played every Saturday where students form 7 a side teams and compete amongst themselves. The winning team is awarded Jersey branded with Light academy colors

2. Inter class competition

The classes compete amongst themselves and the winning class get a trophy and pizza. The students value this tournament so much. Each is assigned a day within the week. The matches start at 3.20pm.

3. Interhouse competition

The students are grouped into four houses; CHUI, NYATI, NDOVU and SIMBA. Each house present a senior and junior team to compete in the tournament. The matches are played every Sunday. The winning house get a BULL.



Basketball

The school has invested in two standard basketball pitches with a professional coach who guides the students. The students compete in the interhouse competitions which is held every Sunday.



Rugby

The boys play rugby under the guidance of a professional and passionate rugby coach. The students participates in tournaments as well as inter school competitions.



Indoor Games;

- > Table tennis
- > Checkers
- > Scrabble
- > Badminton

The students compete as individuals or in groups and the winners awarded.



GYM

The school has invested in the gym to help keep the students fit. It's the most popular stop for most students during games time.



Clubs

Our clubs provide students with opportunities to use their time outside of class wisely. At Light Academy, we provide time on Saturdays from 10.00 am to 12 pm for clubs. Our clubs help students develop their social skills.

They fine-tune their interactions with their peers and with faculty members, and they have the opportunity to connect with other students who share similar interests.

These interactions may form the basis for enduring friendships through the following clubs;



Drama & Music Clubs

The club is involved in various activities such as festivals and competitions. The club's main objectives are; to sharpen the learners; speaking skills through public speaking, to instill confidence on students through oral performances, to train members on composing own poems, among others.



IFLC Dance Team

The International Festival of Language and Culture's Nairobi Show is an event organized by Light Academy and Light International School where students from over 20 countries are given a platform to showcase their talents via Dance and Musical performances.



The World Scholars Cup

The World Scholars Cup is an international competition that tests students' ability in writing, debate and research. Upon qualification students get to compete at a global round and this year our students travelled to The Hague, Netherlands. They merited to move to the next level of the competition at the Yale University in USA.



Science Club

This is an avenue for students to explore their scientific talents and shows the same before people. This is a great opportunity for the students who love research and to find answers to questions that science presents to them.



Debate Club

Our school has been a power house in debating and many students have successfully feature in the great debater's contest, a popular TV show that has students from different schools show their might in the debating arena We nurture this talent and give our students the ability to articulate issues in the most professional way possible.



Journalism Club

The art of reporting is a profession that the club prepares students to have while in school. The club works with professionals in the industry to nurture the club members who prepare periodicals and releases that are made into publications.



Mind Games Club

An active mind is a progressive mind and it is the reason why this club is offered at our school. It gives our students the ability to challenge their minds in games and activities that help their them grow progressively in being great problem solvers.



Wildlife Club

The love for the environment and the wildlife is a virtue that the school seeks to build in the student's minds. In this club students join groups that advocate for caring of the wildlife and ultimately by so doing they also care for the environment that the wild reside.



E.A.M.U.N (East African Model United Nations) Club

This club gives the members that rare moment to be a representative of a country and to present its challenges and solutions at the UN headquarters in Gigiri. Club members are trained on diplomatic ways of handling issues and presenting them inform of submissions.



Junior Achievement Club

Achieving and being successful is the dream of all human beings, but can just remain as a dream if the right path is not taken. We train our students in this club to always value the journey that leads to success. We build and create future leaders through appreciation of resilience.



About the school

Light Academy was founded in 1998 in Nairobi Off Ngong Road and currently situated in a conducive learning environment in Karen off Langata Road. The school is a Day & Boarding boys only institution offering 8-4-4 curriculum.

Our modern campus has an ample and conducive environment for learning with 31 classrooms, 3 Science Labs, 2 Computer Labs, 1 Art Room, 1 Music Room, 1 Multimedia Room, and an ultra-modern auditorium. All classrooms and labs are equipped with projectors and smartboards.



Mission

We are committed to delivering morally upright, socially responsible and academically competent individuals to the society.



Vision

To inculcate moral values set by society and religion to awaken the self-conscience in every pupil; To inspire the hearts and minds to endeavor positive effects on others, appreciate cultural differences and become environmentally conscious; To offer quality education harmonized with the contemporary approach and fortified by technology.



Motto

Access to Success



Values

- Leadership
- Integrity
- Good Judgement
- Honour
- Trustworthiness



8-4-4 Curriculum

Light Academy offers an 8-4-4 curriculum in an environment that is most conducive for the learners. With our dedicated teaching team using the best of facilities we endeavor to actualize the potential of every student. We have a wide range of subjects offered to meet the interest of students and career aspirations of the students.

- | | |
|---------------|----------------------|
| > English | > Geography |
| > Kiswahili | > History |
| > Mathematics | > Business Studies |
| > Biology | > Computer Studies |
| > Chemistry | > Physical Education |
| > Physics | > Turkish |

Subject selection is done during the third term of Form 1 with a collaborative guidance of teachers, career counsellor and parents.



Class capacity

Our class capacity is between 26 and 30 students per class, this gives us a remarkable teacher-student ratio.



Academic Scholarship

We offer scholarships to students on academic merit basis, especially to needy students to enable them access quality education.



Academic Support Program

This is a program that is meant to motivate learners at different levels of learning. It is a one on one session where teachers and students collaborate to further subject content understanding.



Guidance & Counselling

In order to foster and uphold the moral being of our students, Light Academy offers unique and interactive guidance and counselling sessions which are integrated into our lesson plans. We have a dedicated guidance and counseling expert for our students.



Boarding / Hostels

Our dormitories provide a peaceful, secure, comfortable, pleasant and hygienic atmosphere. To ensure the most convenient and comfortable dormitory life for our students, all our rooms are cleaned on a daily basis. In our dormitories we have study rooms and TV rooms available for activities and weekend movie hours. Our hostels are the special places where students feel the joy of sharing under the mentorship of our boarding supervisors.

Light Group of Schools is an exceptional epitome of success in the academic front in line with our motto Access to Success. Our long-standing track record of success in all our branches in Kenya is comparative to none. Be it 8.4.4 or Cambridge system, our students stand out with distinct performances. We live true to our mission statement of producing individuals who are academically competent, morally upright and socially responsible. So admirable is our success that top World Universities readily admit our students and are always willing to offer them scholarships!

	2002	2003	2004	2006	2007	2015	2016	2017	2018
NAIROBI	Most Improved School	12 th Best Private School Nationally	7 th Best Private School Nationally	Most Improved School in Nairobi 12 th Best Private School Nationally	2 nd Best Private School Nationally 9 th Best School Nationally	Top School Nationally Mean Grade 10.90	Best Private School in Nairobi.	Best School Nationally with 4 As 28 A-	Top School Nationally Mean Grade (8.91) with 6 As, 28 A-
MOMBASA	Top School in Coast, Mean Grade 9.57	Top School in Coast, Mean Grade 9.96	Top School in Coast, Mean Grade 10.86	Top School in Coast, Mean Grade 8.86	Top School in Coast, Mean Grade 9.61	Top School in Coast, Mean Grade 8.43			

DARTMOUTH
Ranked 12th in the USA



Mark Gitau
2018 Graduate

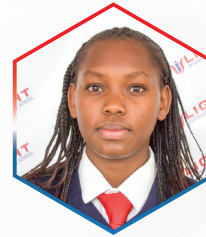
Grade A (84 points)
20th Best Nationally
in 2018 KCSE



PRINCETON UNIVERSITY
Ranked 1st in the USA

Yujin Angolio
2018 Graduate

Scholarship worth
USD 303,000



Amherst College
Ranked 2nd Liberal Arts in the USA

Lorraine Achieng
2018 Graduate

Scholarship worth
USD 325,000

Edwin Ouko
2018 Graduate



Grade A (84 Points)
3rd Best Nationally
in 2018 KCSE



Odero Baxter
2017 Graduate

Grade A (83 points)
16th Best Nationally
in 2017 KCSE



Zacharia Ndungu
2015 Graduate

Grade A (84 Points)
Top Student Countrywide
2015 KCSE

MINERVA

Hyder Haitham
2017 Graduate

Grade A (78 Points)
Fully Funded Scholarship



Noordin Kullow Alio
2017 Graduate

Grade A- (81 Points)
Top Student in Coast



Hassan Hussein Omar
2015 Graduate

Grade A (82 Points)
3rd Best Student in Coast

We are proud of you!